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- 1. What is effective instruction?**
- 2. What does it look like in YOUR classroom?**



17

Principles of Instruction

Research-Based Strategies That All Teachers Should Know



BY BARAK ROSENSHINE

This article presents 10 research-based principles of instruction, along with suggestions for classroom practice. These principles come from three sources: (a) research in cognitive science, (b) research on master teachers, and (c) research on cognitive supports. Each is briefly explained below.

A. Research in cognitive science: This research focuses on how our brains acquire and use information. This cognitive research also provides suggestions on how we might overcome the limitations of our working memory (i.e., the mental "space" in which thinking occurs) when learning new material.

B. Research on the classroom practices of master teachers: Master teachers are those teachers whose classrooms made the highest gains on achievement tests. In a series of studies, a wide range of teachers were observed as they taught, and the investigators coded how they presented new material, how and whether they checked for student understanding, the types of support they provided to their students, and a number of other instructional activities. By also gathering student achievement data, researchers were able to identify the ways in which the more and less effective teachers differed.

C. Research on cognitive supports to help students learn complex tasks: Effective instructional procedures—such as thinking aloud, providing students with scaffolds, and providing students with models—come from this research.

Barak Rosenshine is an emerita professor of educational psychology in the College of Education at the University of Illinois at Urbana-Champaign. A distinguished researcher, he has spent much of the past four decades identifying the hallmarks of effective teaching. He began his career as a high school history teacher in the Chicago public schools. This article is adapted with permission from Principles of Instruction by Barak Rosenshine. Published by the International Academy of Education in 2010, the original report is available at www.iaee.org/iaeeadmin/user_upload/Publications/Educational_Practices/EdPractices_21.pdf.

10

INTERNATIONAL ACADEMY OF EDUCATION

INTERNATIONAL BUREAU OF EDUCATION

Principles of instruction

by Barak Rosenshine



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ABSTRACT

Successful experimental programs, in which teachers have been trained to increase their students' academic achievement, were analyzed to identify common teacher functions. Six recent studies in which teachers implemented training and in which students had higher achievement were examined. Conclusions drawn from the analysis include: (1) Students taught with structured curricula do better than those taught with individualized or discovery learning approaches; and (2) Students who received their instruction directly from the teacher achieved more than those expected to learn new material or skills on their own or from each other. A list of specific teaching functions that promote learning was developed from this study: (1) daily reviewing, checking previous day's work, reteaching if necessary, and checking homework; (2) providing overviews in new content/skills, proceeding in small steps (but at a rapid pace if necessary), giving detailed or redundant instructions and explanations, and phasing in new skills while old skills are being mastered; (3) high frequency of questions and overt student practice, prompting during initial learning, and feedback allowing student response; (4) giving feedback and correctives, recycling instruction if necessary, and making corrections by simplifying questions, giving clues, explaining, and reviewing; (5) providing time for independent practice and seatwork until students are sure of material; and (6) providing weekly and monthly reviews and reteaching if necessary. (JD)

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bit.ly/Rosenshine12

bit.ly/Rosenshine10

bit.ly/Rosenshine82

“The **most effective teachers** do not overwhelm their pupils by presenting too much new material at once. Instead, they **intersperse** explanations with directed questioning and multiple examples.”

Prof. (Victor) Barak Rosenshine

- Born in Illinois (1930 - 2017)
- BA Psychology, University of Chicago; EdD Stanford University
- Professor of Education, University of Illinois



17 Principles of Instruction

1. Begin a lesson with a **short review**
2. Present **new material** in small steps
3. **Limit** the amount of material students receive at one time
4. Give **clear** and detailed **instructions** and **explanations**
5. Ask a **large** number of questions and **check** for **understanding**
6. Provide a high level of **active practice** for all students
7. **Guide** students as they begin to **practice**
8. **Think aloud** and model steps
9. Provide **models** of **worked** out problems
10. Ask students to **explain** what they have **learned**
11. **Check** the **responses** of all students
12. Provide **systematic feedback** and corrections
13. Use **more time** to provide explanations
14. Provide many **examples**
15. **Re-teach** material when necessary
16. **Prepare** students for **independent** practice
17. **Monitor** students when they begin independent **practice**



Consider no. 3, 7, 9 & 12

**What do these look
like in your subject?**

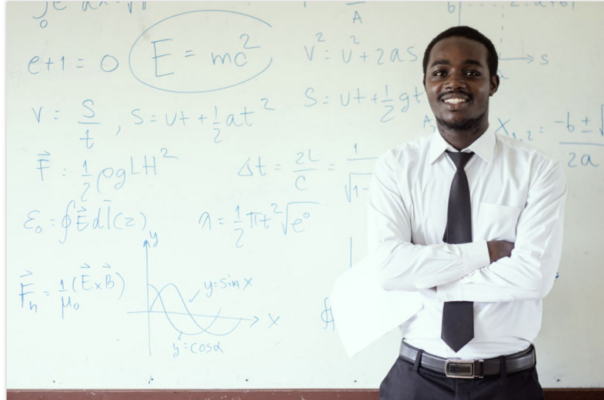
Evolution of thought ...

2015
2018

Rosenshine's 17 Principles of Effective Instruction

Reading time: 5

Bookmark ☆



[teachertoolkit.co.uk/
barack-rosenshine/](https://teachertoolkit.co.uk/barack-rosenshine/)

2021

The Origins of Rosenshine's Principles (1982–2017)

Reading time: 4

Bookmark ☆



[teachertoolkit.co.uk/
the-evolution-of-rosenshine-
principles-1982-2012](https://teachertoolkit.co.uk/the-evolution-of-rosenshine-principles-1982-2012)

2023

The Potential Pitfalls of Rosenshine's Principles

Reading time: 4

Bookmark ☆



[teachertoolkit.co.uk/
2023/07/02/pitfalls-of-principles-
of-effective-instruction/](https://teachertoolkit.co.uk/2023/07/02/pitfalls-of-principles-of-effective-instruction/)

**What does
effective instruction
look like in the classroom?**

Watch:

(Internal [link](#))

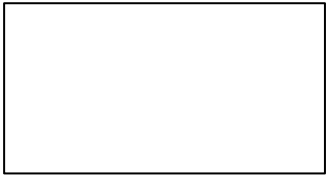


17 Principles of Instruction

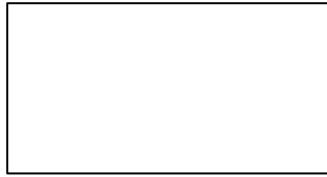
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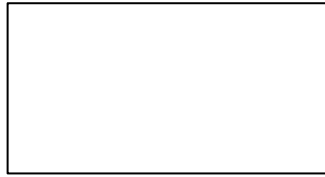
10 Principles



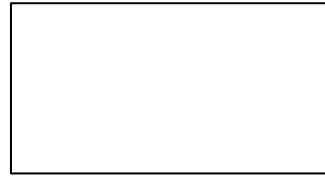
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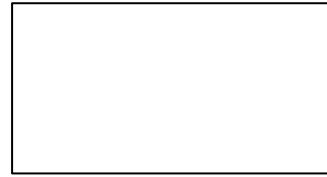
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3




4



5



6




7



8



9



10

10 Principles



1. Short Review

1



1. Ask students to explain
2. Check responses

6



1. New material in small steps
2. Limit information

2



1. Systematic feedback

7



1. Clear instructions
2. Question/check understanding

3



1. More explanations
2. Many examples

8



1. Provide practice
2. Guide practice

4



1. Reteach

9



1. Think aloud (model steps)
2. Worked example

5



1. Prepare practice
2. Monitor practice

10

4 Principles



1



2



3



4



Explain



Question



Practice



Feedback

4 Principles



Explain

*Short review
Present new material in steps
Be clear and precise*

1



Question

*Ask a range of questions
Regularly check*

2



Practice

*Provide + guide practice
Think aloud
Model worked examples*

3



Feedback

*Diagnose the problem, offer
feedback, elicit thinking and oversee
the learning*

4

Warning from Rosenshine ...

“It would be a mistake to claim that the teaching procedures which have emerged from this research apply to all subjects, and all learners, all the time.”

13. Teaching Functions ¹

Barak Rosenshine and Robert Stevens
University of Illinois ²

Recent Experimental Studies

In recent years our understanding of successful teaching has increased considerably. There have been numerous successful experimental studies in which teachers have been trained to increase the academic achievement of their students. In these studies, which have taken place in regular classrooms, one group of teachers received training in specific instructional procedures and one group continued their regular teaching. In the successful studies, the teachers implemented the training and their students had higher achievement and/or higher academic engaged time than did students in the classrooms of the untrained teachers. Particularly noteworthy studies include:

- Texas First Grade Reading Group Study (Anderson, Everson, & Brophy, 1979, 1982);
- Missouri Mathematics Effectiveness Study (Good & Grouws, 1979) (for math in intermediate grades);
- The Texas Elementary School Study (Everson, Emmer, Clements, Sanford, Worsham, & Williams, 1981; Emmer, Everson, Sanford, & Clements, 1982);
- The Texas Junior High School Study (Emmer, Everson, Sanford, Clements, & Worsham, 1982; Emmer, Everson, Sanford, & Clements, 1982);
- Organizing and Instructing High School Classes (Fitzpatrick, 1981, 1982);
- Exemplary Centers for Reading Instruction (ECRI) (Reid, 1978, 1979, 1980, 1981) (for reading in grades 1-5);
- Direct Instruction Follow Through Program (Becker, 1977).

The results of these studies are consistently positive and indicate that there are specific instructional procedures which teachers can be trained to follow and which can lead to increased achievement and student engagement in their classrooms.

Examples of Experimental Studies

An example of these experimental studies is the one conducted by Good and Grouws in 1979. In their study, 40 fourth grade teachers were divided into two groups. One group, of 21 teachers, received a 5-page manual which contained a system of sequential, instructional steps for teaching mathematics. The teachers read the manual, received two 90 minute training sessions, and proceeded to implement the key instructional behaviors in their teaching of mathematics. The control teachers did not receive the manual and were told to continue to instruct in their own style. During the 4 months of the program all teachers were observed six times.

¹ In M.C. WITTRICK (dir.), *Handbook of Research on Teaching*, 3^e éd., New York, Macmillan, p. 376-391, 1986.
² The authors thank reviewers David Berliner (University of Arizona), Jere Brophy (IRT, Michigan State University), and Richard Shavelson (UCLA).



A pause helps retention ...

How do the Rosenshine principles align with your 'every lesson, every day' philosophy?

Identify which 17 principles align with BLLAST ...

THE HARLINGTON WAY

EVERY LESSON,
EVERY DAY



B



BELL WORK

L



LEARNING JOURNEY

L



LITERACY

A



ACTIVE ENGAGEMENT

S



STRETCH & CHALLENGE

T



TEST LEARNING

17 Principles of Instruction

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Explain



Question



Practice



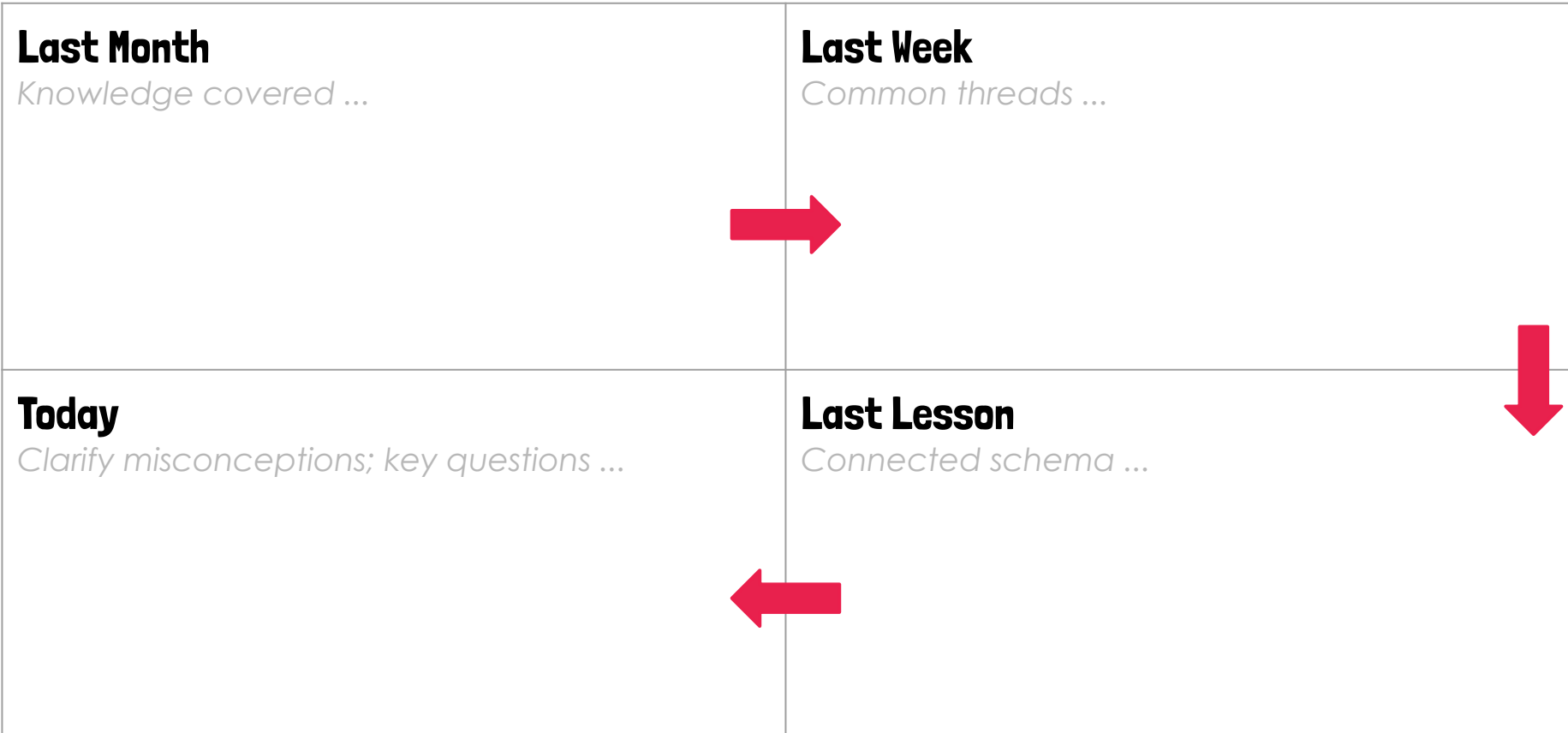
Feedback

“A *daily review* is an important component of instruction.

It can help teachers *strengthen the connections* from the material to what students have learned.”



Explanation – Question – Practice – Feedback



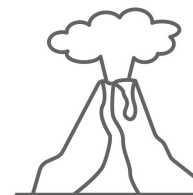
1. Last Month we...

We learned that Mount Vesuvius last erupted in 79AD. It is also near Naples and had 3,000 earthquakes prior to the April 2020 eruption.



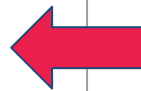
2. Last Week we...

*Common threads ...
We know that the Icelandic volcano last erupted in 1823; draw and label the key areas of a volcano*



4. Today you need...

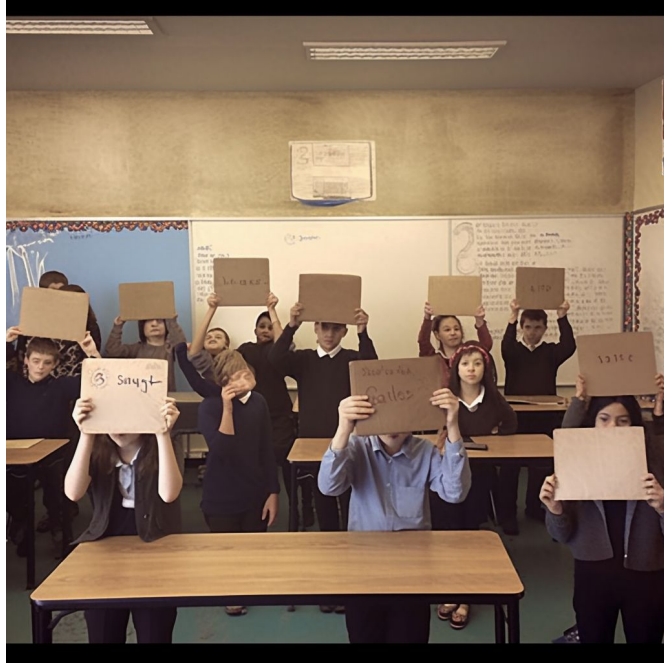
*Clarify misconceptions; quizzing ...
(79 AD) If the plume of ash rose to 21 miles high, estimate what area the cloud covered.*



3. Last Lesson you...

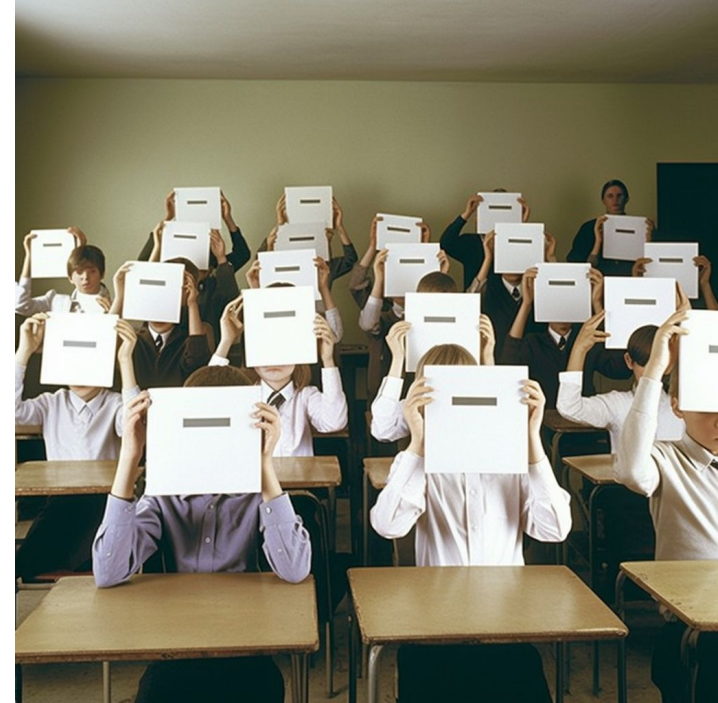
*Key questions ...
Last lesson we discovered that there is an ice-cap which covers 40 square miles.*

Hard to see responses



vs.

More manageable



If you can encourage students to display their messages in sequences, or the exact same message or visual, this improves your chances of determining consensus.

Last Month

Last Week

Mini Whiteboards Template

Printed as an acetate later over the whiteboard to help provide prompts to students - delete this box then print ...

Last Lesson

My Question

One fact

One sentence

Mini Whiteboards Template

Printed as an acetate layer over the whiteboard to help provide prompts to students - delete this box then print ...

One paragraph

One sketch



Explain



Question

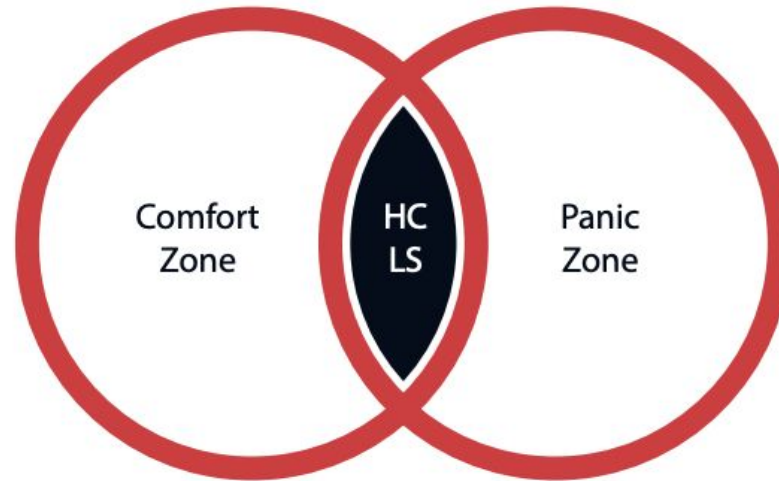


Practice

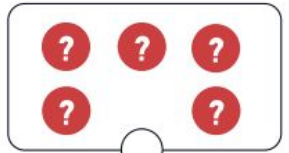


Feedback

“Present new material in small steps...”



Explanation – Question – Practice – Feedback



Cruiser bike



BMX



Folding bike



Kids bike



Utility bike



Mountain bike



Recumbent bike



Road bike



Fixed gear



Touring bike



Fat bike



Old bicycle

Which bike would you ride?

1. Read this example text 
2. Wait for further instruction...

A **bicycle**, also called a **cycle** or **bike**, is a human-powered, pedal-driven, single-track vehicle, having two wheels attached to a frame, one behind the other. The basic shape and configuration of a typical upright or "safety bicycle", has changed little since the first chain-driven model was developed around 1885.

The great majority of modern bicycles have a frame with upright seating that looks much like the first chain-driven bike. These upright bicycles almost always feature the *diamond frame*, a truss consisting of two triangles: the front triangle and the rear triangle. The front triangle consists of the head tube, top tube, down tube, and seat tube. The head tube contains the headset, the set of bearings that allows the fork to turn smoothly for steering and balance.

The top tube connects the head tube to the seat tube at the top, and the down tube connects the head tube to the bottom bracket. The rear triangle consists of the seat tube and paired chain stays and seat stays. The chain stays run parallel to the chain, connecting the bottom bracket to the rear dropout, where the axle for the rear wheel is held. The seat stays connect the top of the seat tube (at or near the same point as the top tube) to the rear fork ends.

Now draw a bike...

1. Look at this visual example 
2. Wait for further instructions...

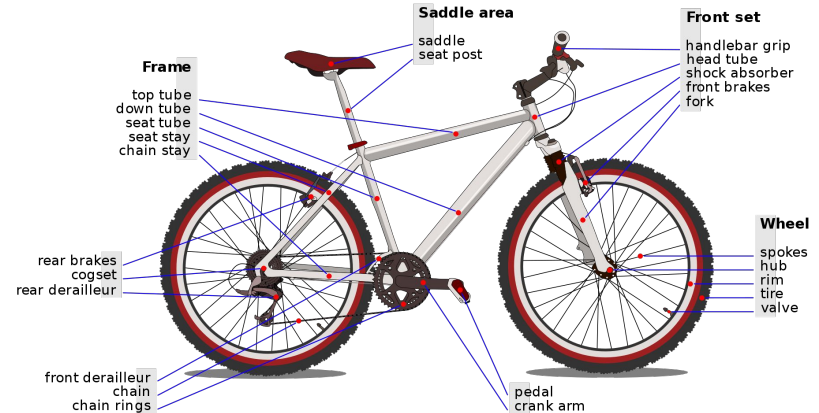


Basic bike parts

Now draw a bike...

The front triangle consists of the head tube, top tube, down tube, and seat tube. The head tube contains the headset, the set of bearings that allows the fork to turn smoothly for steering and balance.

The **top tube** connects the head tube to the seat tube at the top, and the **down tube** connects the **head tube** to the bottom bracket. The **rear triangle** consists of the **seat tube** and paired chain stays and seat stays. The chain stays run parallel to the chain, connecting the bottom bracket to the **rear dropout**, where the **axle** for the rear wheel is held. The seat stays connect the top of the seat tube (at or near the same point as the top tube) to the **rear fork** ends.





Bears enjoy eating honey.





Bears enjoy eating honey.



$$7 \times ? = 28$$



Explain



Question



Practice



Feedback

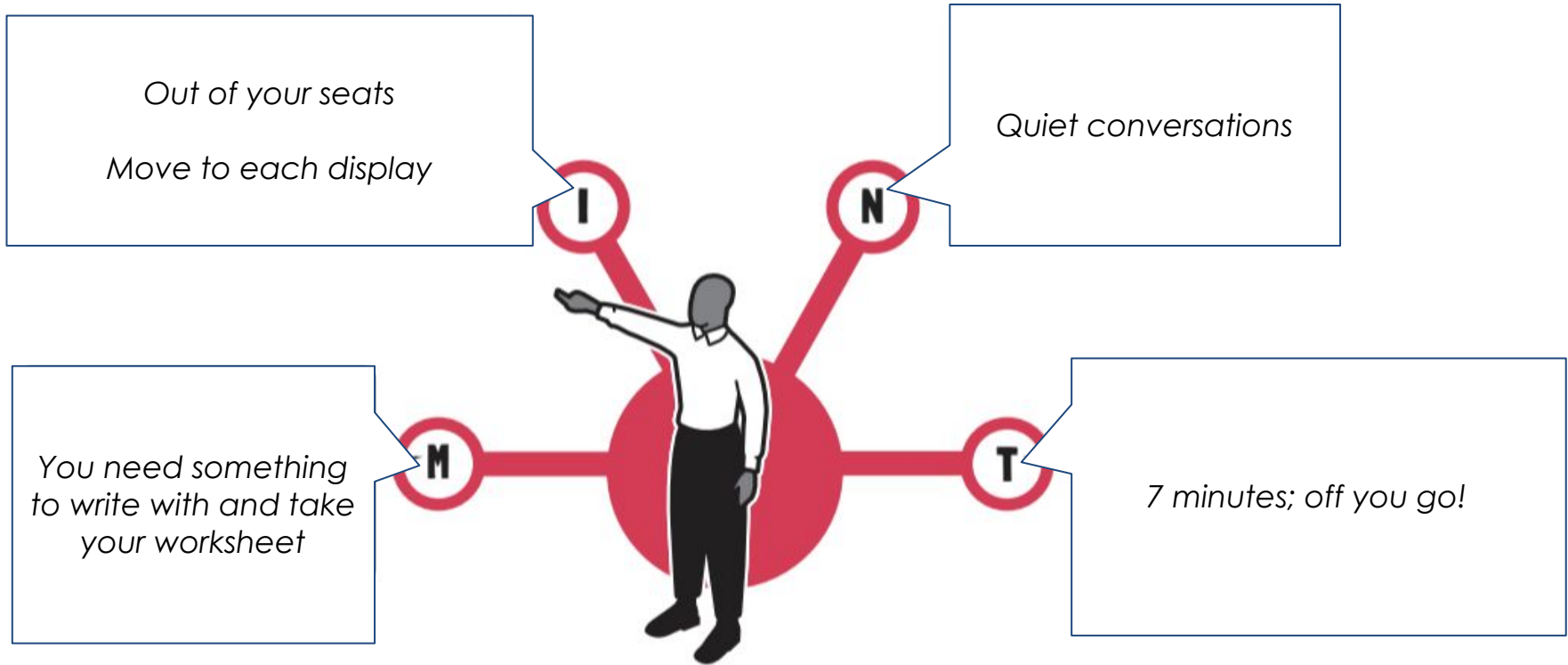
“Limit the amount of material students receive at one time...”

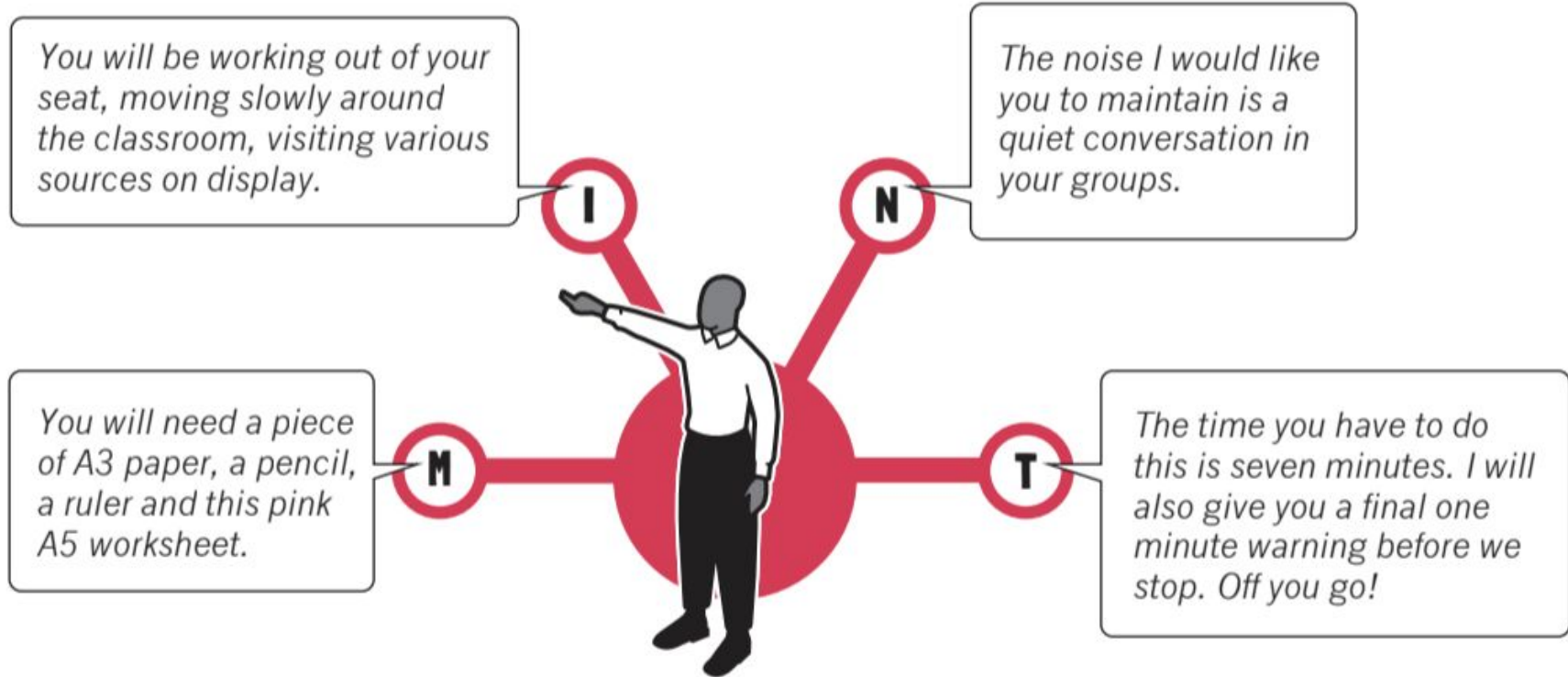
“Give clear and detailed instructions...”



1. **M** = Materials
2. **I** = In/out of seats
3. **N** = Noise level
4. **T** = Time









Explain



Question



Practice



Feedback

“Ask a large number of questions and check for understanding...”

Provide a high level of guided active practice for all students.”



Explanation – Question – Practice – Feedback

	Is? / Does? Present	Has? / Did? / Was? Past	Can? Possibility	Should? Opinion	Would? / Could? Probability	Will? Prediction	Might? Imagination
What? Event							
Where? Place							
When? Time							
Which? Choice							
Who? Person							
Why? Reason							
How? Meaning							

The general level of difficulty of question increases... A "What is?" question is normally easier to create and answer than a "How might?" question.

Is? / Does?
Present

Has? / Did? / Was?
Past

Can?
Possibility

Should?
Opinion

Would? / Could?
Probability

Will?
Prediction

Might?
Imagination

What?
Event

Where?
Place

When?
Time

Which?
Choice

Who?
Person

Why?
Reason

How?
Meaning



Explanation – Question – Practice – Feedback

	Is? / Does? Present	Has? / Did? / Was? Past	Can? Possibility	Should? Opinion	Would? / Could? Probability	Will? Prediction	Might? Imagination
What? Event					<i>Design a question here</i>		
Where? Place	<i>Design a question here</i>						
When? Time							<i>Design a question here</i>
Which? Choice			<i>Design a question here</i>				
Who? Person				<i>Design a question here</i>			
Why? Reason		<i>Design a question here</i>					
How? Meaning						<i>Design a question here</i>	

Is? / Does?
Present

Has? / Did? / Was?
Past

Can?
Possibility

Should?
Opinion

Would? / Could?
Probability

Will?
Prediction

Might?
Imagination

What?
Event

What else could have happened?

Where?
Place

Where is this?

When?
Time

When might the police use their gun?

Which?
Choice

Which person can help?

Who?
Person

Who should help this person?

Why?
Reason

Why did this happen?

How?
Meaning

How will we stop this happening?





Explain



Question



Practice



Feedback

“Ask students to explain what they learned...”

Check the responses of all... Provide systematic feedback and corrections.

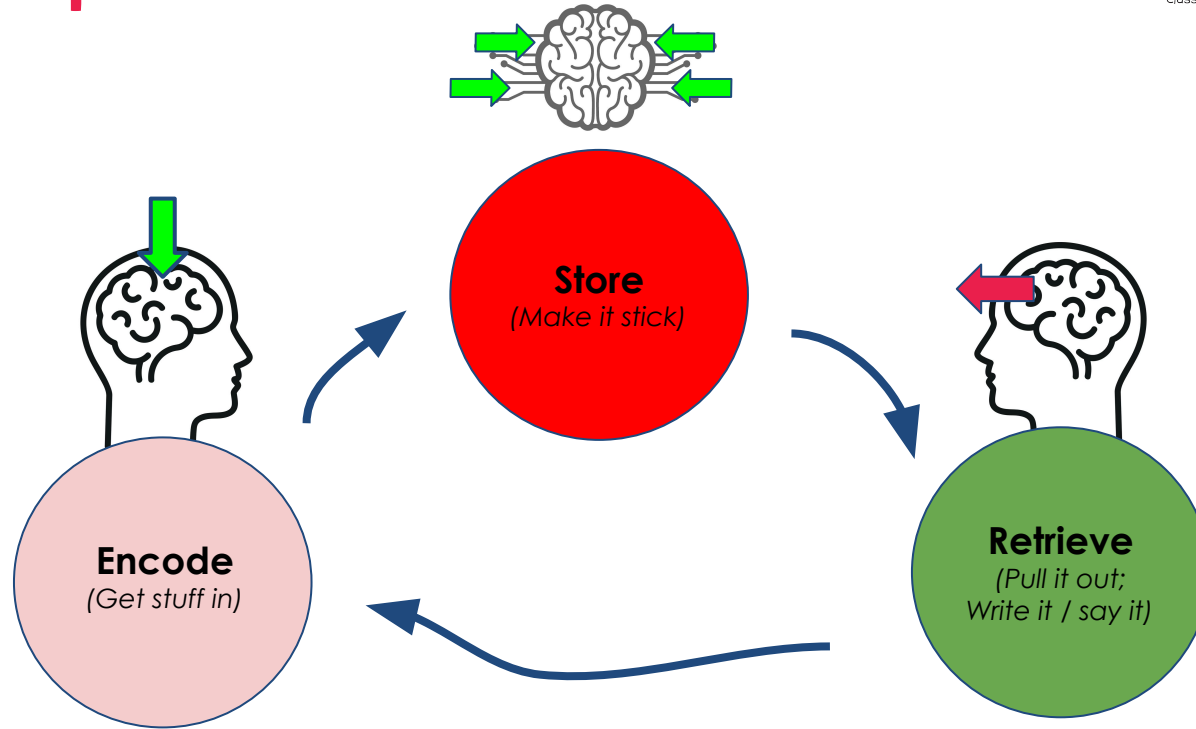
Use more time for explanations and provide many examples.”



1. Can you see learning?

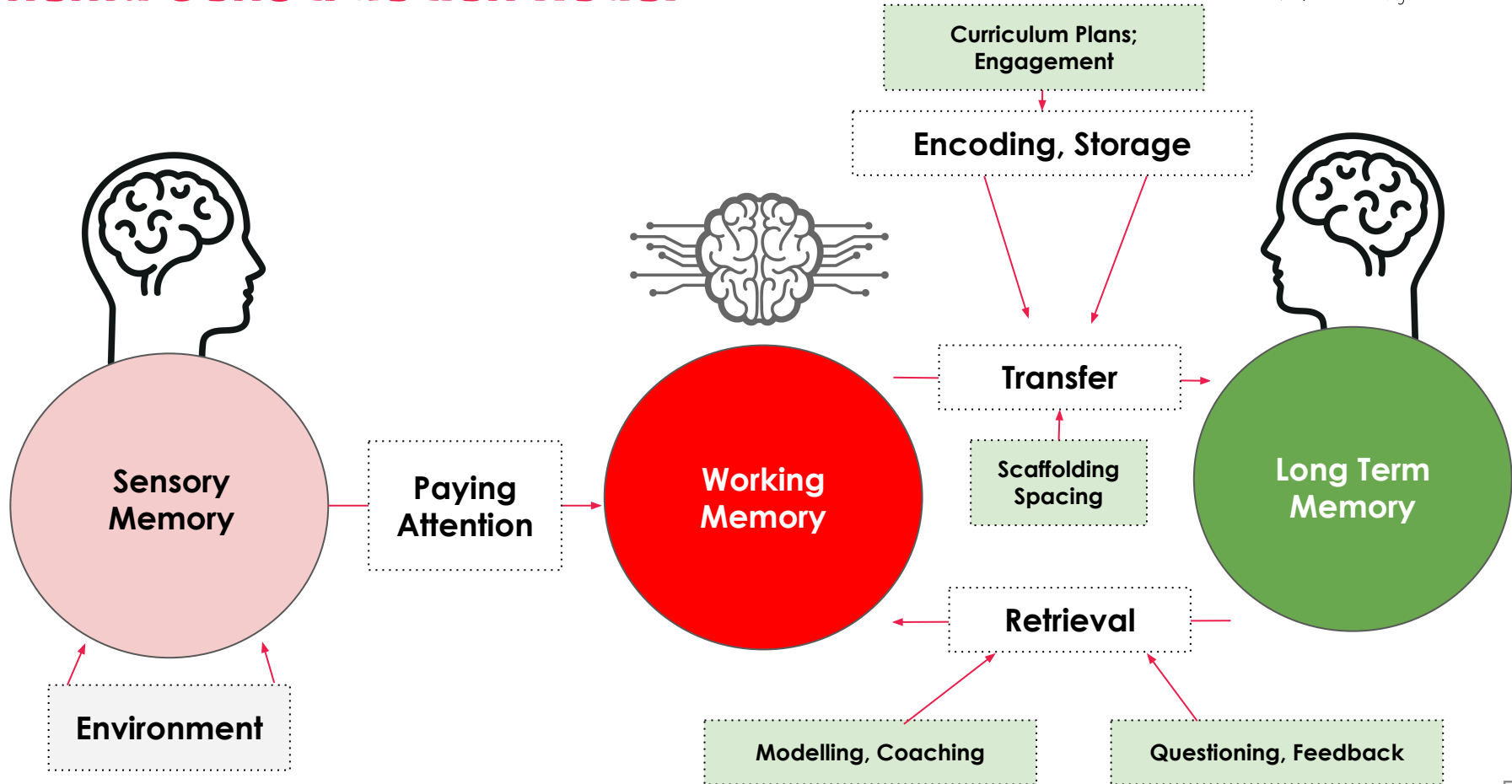
2. How does learning happen?

Curriculum Loop



Spaced Practice (week/month/term = retest, not reteach)

Schema Construction Model





Explain



Question



Practice



Feedback

“Re-teach material when necessary...

Prepare students for independent practice...

Monitor students when they begin independent practice.”





Praise

Clarify what good performance is

1



Probe

Facilitate self assessment

2



Identify

Deliver high quality feedback information

3



Plan

Encourage teacher and peer dialogue

4



Lock

Encourage positive motivation and self-esteem

5

9 Effective Learning Techniques



Elaboration

Being able to explain why

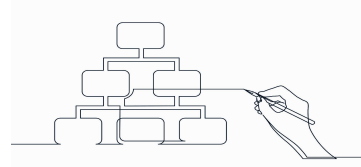
1



Self Explanation

Explain new information

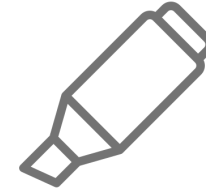
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Summarisation

Bitesize overview

3

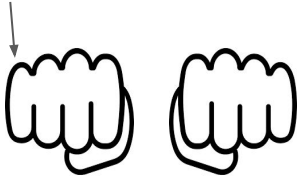


Highlighting

Whilst reading

4

January



Mnemonics

Keywords for mental imagery

5



Dual Coding

Mental imagery of text

6



Rereading

Re-study material

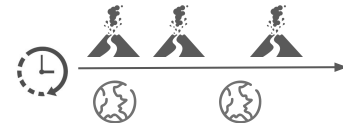
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Retrieval Practice

Low stakes assessment

8



Spaced + Interleaving

Scheduled and interwoven

9

9 Effective Learning Techniques

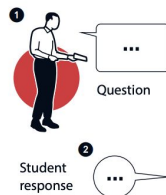
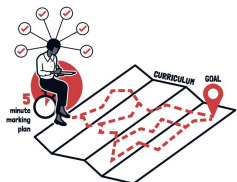
	Technique	Efficacy/Impact	What is it?
1	Retrieval Practice	High	Low stakes quizzing; desirable difficulty
2	Spaced + Interleaving	High	Presenting scheduled and mixed content over time
3	Elaboration	Medium	Generating and being able to explain why
4	Self-Explanation	Low	Explaining new information
5	Summarisation	Low	Bitesize overview
6	Highlighting	Low	Marking potentially important information whilst reading
7	Keyword mnemonics	Low	Keywords for mental models/imagery
8	Imagery for Text	Low	Mental imagery for text (dual coding); pair text with images
9	Rereading	Low	Restudying text material
	<i>All these strategies have an impact on learning. N.b. Spaced + Interleaving have been amalgamated for this resource; they are separate strategies and interleaving is sometimes known as 'distributed practice'.</i>		

9 Effective Learning Techniques (Month by Month)

Month	September	October	November	December	January	February	March	April	May	June	
Technique <i>What it's for</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	Highlighting <i>Marking important text whilst reading</i>	
<p><i>Designed to be used as a guide for teachers, parents and tutors to be introduced to each technique month by month to support retention, study skills and toward end of year assessment. Each technique should be re positioned according to the curriculum and timeframe being used..</i></p> <p>Introduce one new technique each month</p>		Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	Summarisation <i>A bite size overview of what has been learnt</i>	
			Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>	Self Explanation <i>Explaining new information</i>
				Elaboration <i>Generating and Being able to explain why</i>	Elaboration <i>Generating and Being able to explain why</i>	Elaboration <i>Generating and Being able to explain why</i>	Elaboration <i>Generating and Being able to explain why</i>	Elaboration <i>Generating and Being able to explain why</i>	Elaboration <i>Generating and Being able to explain why</i>	Elaboration <i>Generating and Being able to explain why</i>	Elaboration <i>Generating and Being able to explain why</i>
					Mnemonics <i>Using keywords to support mental models</i>	Mnemonics <i>Using keywords to support mental models</i>	Mnemonics <i>Using keywords to support mental models</i>	Mnemonics <i>Using keywords to support mental models</i>	Mnemonics <i>Using keywords to support mental models</i>	Mnemonics <i>Using keywords to support mental models</i>	Mnemonics <i>Using keywords to support mental models</i>
						Imagery for Text <i>Pairing text with images for mental models</i>	Imagery for Text <i>Pairing text with images for mental models</i>	Imagery for Text <i>Pairing text with images for mental models</i>	Imagery for Text <i>Pairing text with images for mental models</i>	Imagery for Text <i>Pairing text with images for mental models</i>	Imagery for Text <i>Pairing text with images for mental models</i>
							Rereading <i>Restudying text material, but being tested more</i>	Rereading <i>Restudying text material, but being tested more</i>	Rereading <i>Restudying text material, but being tested more</i>	Rereading <i>Restudying text material, but being tested more</i>	Rereading <i>Restudying text material, but being tested more</i>
		Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>	Space/ Interleaving <i>Scheduling past content and mixed material</i>
		Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>	Retrieval Practice <i>Low stakes assessment which is desirably difficult</i>

RESOURCES TO HELP

MARK PLAN TEACH 2.0



Secure Overview

Start and end points

1

Not Yet

To motivate students

2

Live Marking

Formative assessment

3

Marking Code

To reduce workload

4

Celebrate Mistakes

To build confidence

5



Mind The Gaps

Identify and intervene

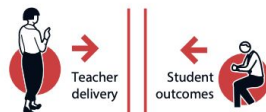
6



Find and Fix

Developing self-regulation

7



Fishing Without The Bait

Reliable work moderation

8



Smarter Not Harder

Effective Feedback Loop

9



Verbal Feedback Is Good Enough

Timely and motivational

10



**A
Cognitive Process**
Planning coherence

1



**The
'Why?' Test**
Ask 'Why?' not 'What?'

2



**I'm a
Storyteller**
Bringing curriculum intent to life

3



Stickability!
*Make learning stick, from
curriculum to lesson plan*

4



**The
Struggle Zone**
Comfort versus panic

5



**A
Flying Start**
Supporting literacy

6



**Quality
First Teaching**
Scaffolding conversations

7



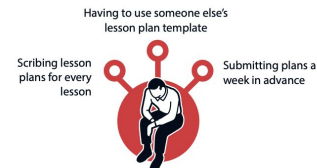
Inspiration
Stockpiling CPD ideas

8



**All
Change Please!**
Developing behaviour scripts

9



**Reality
Check**
Prioritising teacher wellbeing

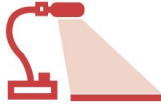
10



Direct Instruction

Be clear and precise

1



Modelling

Effective teaching requires regular modelling...

2



The Flow

From apathy towards immersion

3



What Every Teacher Should Know

Cognitive load and working memory

4



Incisive Observations

Effective questioning that assesses the learning

5



Übermensch

The 7 traits of effective teachers

6



17 Principles of Effective Instruction

Where best to put your efforts

7



Third Degree Observations

Reliable lesson evaluation

8



Invisible Collaboration

Inclusive classroom environments

9



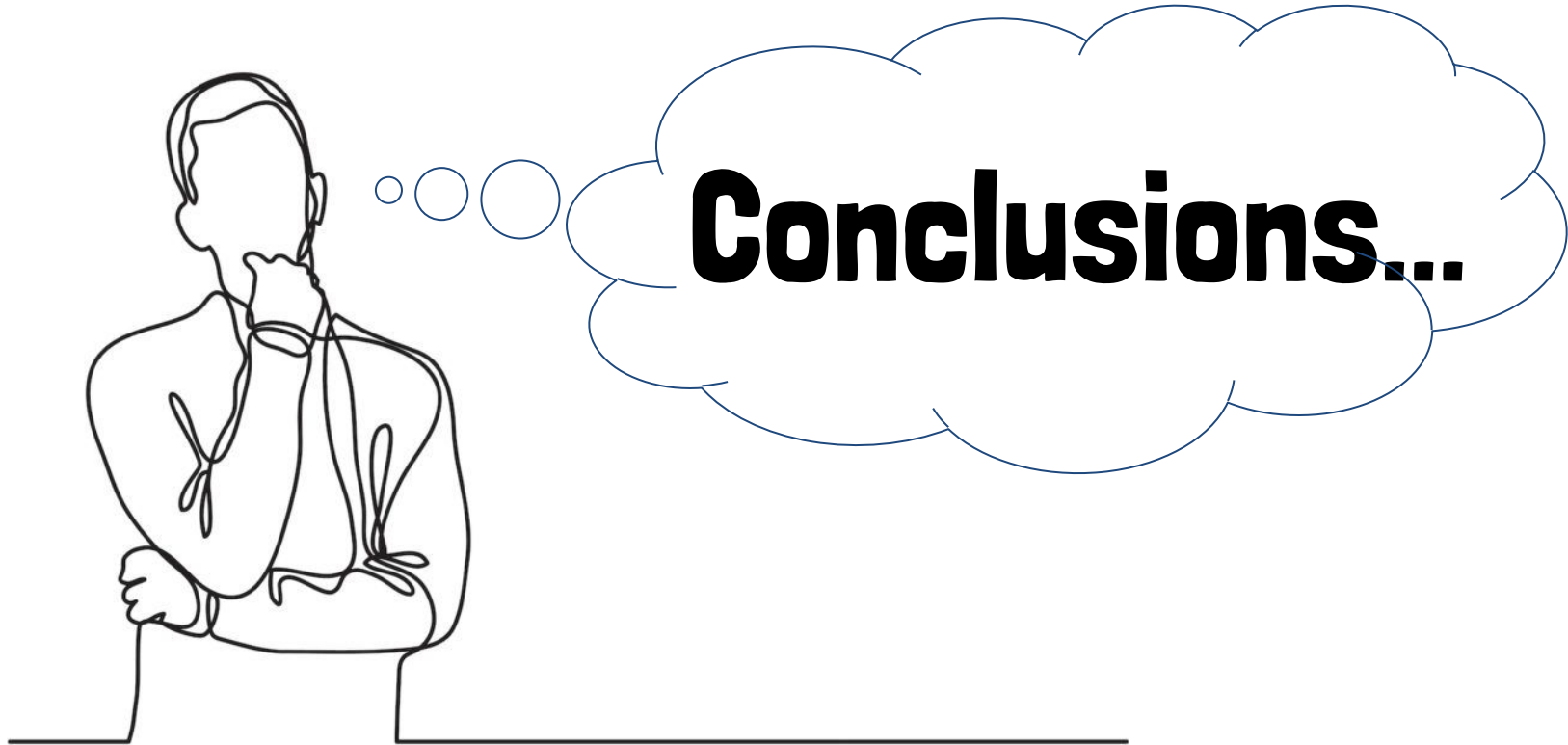
What Improves Teachers?

Coaching conversations

10



bit.ly/MPTcartoons



Warnings

1. It's not a checklist
2. It will make your classroom more manageable
3. You won't observe all 17 in a one-off lesson...
4. Nuance is required (E.g. EYFS, schools, SEND...)
5. Evaluating each requires in-depth triangulation.

17 Principles of Instruction

1. Begin a lesson with a short review
2. Present new material in small steps
3. Limit the amount of material students receive at one time
4. Give clear and detailed instructions and explanations
5. Ask a large number of questions and check for understanding
6. Provide a high level of active practice for all students
7. Guide students as they begin to practice
8. Think aloud and model steps
9. Provide models of worked out problems
10. Ask students to explain what they learned
11. Check the responses of all students
12. Provide systematic feedback and corrections
13. Use more time to provide explanations
14. Provide many examples
15. Re-teach material when necessary
16. Prepare students for independent practice
17. Monitor students when they begin independent practice.

Key Stage 1 suggestion

Principle	General recommendations	Maths	Physical education	Design and Technology
1. Daily review	Start each lesson with a brief review using songs, rhymes, or interactive activities	Use number songs or counting games	Recap previously learned skills through fun warm-up activities	Discuss previous projects and learnings
2. Presenting new material	Use visual aids, story-telling, and hands-on activities to introduce new concepts	Introduce new concepts with concrete objects	Demonstrate new skills clearly and break them down into steps	Show examples of new techniques or materials
3. Check for understanding	Use simple, clear questions and encourage physical responses (e.g., thumbs up/down)	Use manipulatives and games for practice	Use stations or circuits for repeated practice	Allow exploration of materials before starting projects
4. Guided practice	Engage students with interactive and hands-on activities	Incorporate engaging games and activities	Provide immediate and positive feedback during activities	Offer constructive feedback during the creation process.

Key Stage 4 suggestion

Principle	General recommendations	Maths	Physical education	Design and Technology
1. Daily review	Use quick quizzes or discussion prompts to recall previous lessons	Start with a problem-solving activity.	Review previously learned techniques through skill drills	Reflect on past projects and discuss improvements
2. Presenting new material	Provide clear, concise explanations followed by detailed examples and guided practice	Introduce new topics with worked examples and guides	Introduce new sports or techniques through demonstration	Introduce complex techniques through multimedia presentations and hands-on demonstrations
3. Check for understanding	Use a variety of question types to ensure depth of understanding	Provide a mix of individual and group tasks	Incorporate skill development sessions followed by games	Encourage iterative design processes for refinement
4. Guided practice	Engage students with focused practice and provide specific feedback.	Use formative assessments for feedback	Offer detailed feedback focusing on technique and performance	Provide detailed, formative feedback throughout the design process

Curriculum Overview

Principle	General recommendations	Maths	Physical education	Design and Technology
1. Daily review				
2. Presenting new material				
3. Check for understanding				
4. Guided practice				

10 Principles



1. Short Review

1



1. Ask students to explain
2. Check responses

6



1. New material in small steps
2. Limit information

2



1. Systematic feedback

7



1. Clear instructions
2. Question/check understanding

3



1. More explanations
2. Many examples

8



1. Provide practice
2. Guide practice

4



1. Reteach

9



1. Think aloud (model steps)
2. Worked example

5



1. Prepare practice
2. Monitor practice

10



Explain



Question



Practice

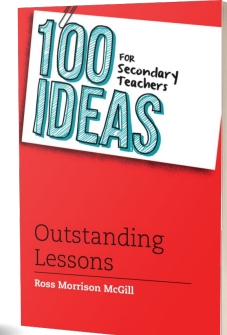
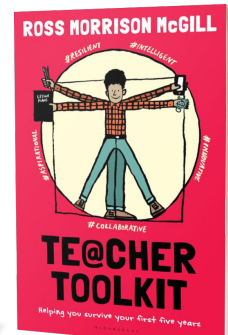
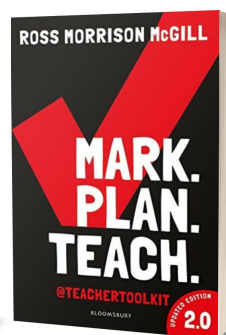
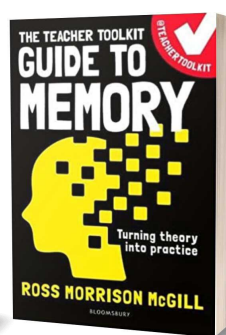
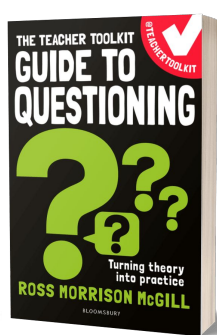
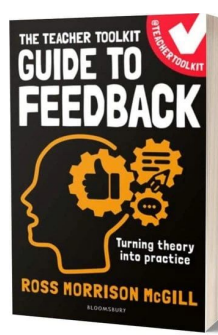


Feedback

- 1,200+ teachers
- Daily CPD video
- Research focus
- No chats / Ads



Tuesdays & Thursdays, 7PM, term time only



www.TeacherToolkit.co.uk/Books

